



IMPORTANT - Staying COVID-19 Secure

Please take a minute and read through our COVID-19 precautions, this is essential for both our customers, and staff members, health and safety as per our COVID-19 Risk Assessment.

Before Entering:

- If you or a member of your group feels unwell (this includes a continuous cough, fever/high temperature (37.8C or greater) or loss of/change in sense of smell or taste (anosmia) PLEASE DO NOT ENTER our premises. Please call us on 0131 333 0195 and advise us of the circumstances, then visit the NHS Scotland website for further guidance.
- To assist with social distancing we are only allowing online bookings or pre-scheduled events, please do not enter unless you have prebooked or a participant in a private event. All customers must have pre-registered online prior to entering to assist with the "Test and Protect" precautions. To assist with management of numbers in the centre, please only enter at your allocated time, if early please wait outside or in your car.
- Facemasks must be worn at all times inside the centre
- Unfortunately no spectators are allowed at present (For juniors under 16 we will allow a max 2 adults per junior group)
- Please maintain social distancing of 2m at all times within the customer areas (with staff and other customers outwith any family groups / bubbles).

Inside the premises:

- Please use the hand sanitiser provided on entering / throughout visit as required.
- All customers entering the centre must be temperature checked on arrival.
- Those racing will be issued with a "hygiene pack" consisting of new balaclava and gloves, which must be worn at all times (Balaclava can be used as a face mask within the centre)
- Those racing will also be issued with a race suit and helmet, these will have been freshly sanitised, and will be yours to use exclusively throughout your visit. Once you have finished racing please return the helmet and suit to the collection area for us to sanitise.
- We will allocate your group a table for use throughout your visit, this will be freshly cleaned on arrival and exit. Any purchases of drinks / snacks must be made using contactless payment or card (cash will not be accepted). Please put all litter in the bins provided to help minimise staff contact.
- Please respect the guidance issued and the efforts of our staff, obviously we are trying our best to manage a new way of operating and we would appreciate your efforts in ensuring this guidance is followed, helping minimise risk in a difficult time.

Please have FUN, the race experience is still the same! Banter, excuses and victory celebrations (muted please!) are still encouraged!

Remember
FACTS
for a safer Scotland



Face coverings



Avoid crowded places



Clean your hands regularly



Two metre distance



Self isolate and book a test if you have symptoms